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SEPTEMBER 17, 2009

VIKINGS LB E.J. HENDERSON TO DONATE \$100 FOR EVERY TACKLE HE MAKES THIS SEASON

EDEN PRAIRIE, MN – Minnesota Vikings starting LB **E.J. Henderson** has made a commitment to pledge \$100 for every tackle he makes during the 2009 season to the **E.J. Henderson Youth Foundation**, it was announced today.

“It is great to be back playing football. This is one way I can share my passion with the kids,” Henderson said.

Henderson, who has averaged nearly 100 tackles per season throughout his career despite missing 12 games due to injury in 2009, led the team with 9 tackles in last Sunday’s season-opening win at Cleveland.

Since the summer of 2007, Henderson has been working through the E.J. Henderson Youth Foundation to change the lives of youth growing up in Minneapolis and St. Paul. The core vision of the Foundation is to strengthen participants academically, socially and physically preparing them for college and beyond.

Twice a week, various groups of youth spend time at the Foundation in a 90-minute session that includes work with an online academic program specifically tailored to each student; participation in a life skills program designed to develop character through lessons on responsibility, determination, perseverance and related topics; and a rigorous fitness session.

“Most people look at the plight of inner city youth as a problem,” Henderson said. “The E.J. Henderson Youth Foundation views this as an opportunity.”

To learn more about the Foundation or to help Henderson in his commitment to inner city youth, please visit www.ejhyf.org or call 952-303-6415.

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