



MINNESOTA VIKINGS

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E.J. HENDERSON NAMED **VIKINGS 2009 COMMUNITY MAN OF THE YEAR**

EDEN PRAIRIE, MN – LB **E.J. Henderson** has been selected as the 2009 Vikings Community Man of the Year.

Since being drafted in the 2nd round of the 2003 Draft, Henderson has been an active member of the team's community outreach. E.J. has volunteered his time with several local organizations including: United Way, Police Athletic League, Minneapolis Park and Recreation Board, Arc Greater Twin Cities, and Boys & Girls Clubs of the Twin Cities.

Henderson took his volunteerism to a new level in June of 2007, when with a personal donation of \$100,000, he established the E.J. Henderson Youth Foundation to benefit underserved Twin Cities urban youth. The Foundation program centers on the mind, body and soul by providing academic enrichment, intensive physical workouts, and life skill sessions at Henderson's GameSpeed Sports Academy in Eden Prairie.

E.J. is a strong spokesperson for the NFL's "Play60" message, which encourages youngsters to be active for at least 60 minutes a day.

Henderson is one of 32 team representatives, one of which will be named the Walter Payton Man of the Year at this year's Super Bowl.

As the Vikings' representative for the NFL Man of the Year award, Henderson will receive a \$1,000 check for the E.J. Henderson Youth Foundation through NFL Charities.

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