



**MINNESOTA VIKINGS**

*Cheerleaders*

*Kids Programs*



### **MVC Junior Cheer Ages 3-14**

Join the 2011 Minnesota Vikings Cheerleaders for a 3 day mini-camp September 22-24. You will learn warm-ups, stretches, dance skills, technique, and choreography all alongside the 2011 MVC! Then perform in front of 64,000 Minnesota Vikings fans at the Metrodome at Mall of America Field on Sunday, September 25! Stay tuned for details and registration to be posted online:

[www.vikings.com](http://www.vikings.com)



### **MVC All Stars Kindergarten-Grade 9**

Do you love MVC Juniors and want to dance all year? Be a part of MVC All Stars! Auditions will be held during Junior Cheer. This team of youth practice every Thursday, September-February, under the direction of alumni MVC. They are an elite group who perform on the plaza on game day, community events, and local dance shows. MVC All Stars do many community appearances on behalf of the Minnesota Vikings and compete at a national dance competition.

For more information email:  
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