



MINNESOTA VIKINGS

NEWS RELEASE

9520 Viking Drive • Eden Prairie MN 55344 • www.vikings.com

FOR IMMEDIATE RELEASE

OCTOBER 2, 2009

CONTACT: BRAD MADSON—EXECUTIVE DIRECTOR OF
COMMUNITY RELATIONS/YOUTH FOOTBALL
MINNESOTA VIKINGS
(952) 828-6590

VIKINGS AND NFL CHARITIES TO DONATE \$10,000 FOR MOBILE FITNESS ZONE AT GAMESPEED ACADEMY

EDEN PRAIRIE, MN -- Minnesota Vikings players, cheerleaders and Viktor the Viking will host youngsters from the United Way agencies as part of the United Way "Hometown Huddle", on Tuesday, October 6 from 4:30 to 5:30 p.m., at GameSpeed Academy, located at 6545 Flying Cloud Drive, Eden Prairie, MN 55344 for a Play 60 workout and to put the finishing touches on a new Vikings-themed Fitness Zone.

The Vikings, through NFL Charities, contributed \$10,000 toward the project. The youth workout equipment is equipped with wheels, so the GameSpeed staff will be able to take the equipment to United Way centers to reach youngsters in need.

United Way agencies participating will be the Plymouth Christian Youth Center, Fremont Clinics, and YWCA of Minneapolis.

Players scheduled to attend include: LBs **E.J. and Erin Henderson**, DT **Fred Evans**, DT **Tremaine Johnson**, T **Bryant McKinnie**, DE **Jayme Mitchell** and C **John Sullivan**.

In addition to helping with the training of the youngsters, the players will help the youngsters with the painting of the wall. The visit is also to promote the NFL's Play 60 program which encourages young people to be active for at least 60 minutes a day.

Every NFL team is partnering with the United Way on October 6 and hosting a Hometown Huddle fitness event.

www.vikings.com