



MINNESOTA VIKINGS NEWS RELEASE

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MINNESOTA VIKINGS PLAYERS AND ATHLETIC TRAINING STAFF TO HOST “PLAY 60” CLINIC AT CATHOLIC CHARITIES ST. JOSEPH’S HOME FOR CHILDREN

Eden Prairie, MN (September 26, 2011) - On **Tuesday, September 27th** from **3:00-4:00 p.m.** Xavier Adibi, Devin Aromashodu, Larry Dean, Cedric Griffin, Michael Jenkins, Jamarca Sanford and John Sullivan will join the Vikings Athletic Training Staff and Viktor the Viking to host a “PLAY 60” clinic at Catholic Charities-St. Joseph’s Home for Children.

Approximately 50 youth from St. Joe’s and Catholic Charities Northside Child Development Center will be led through a series of drills designed to teach the basics of football. Players will deliver a positive message to the children about the importance of perseverance and teamwork as well as stress the benefits of being active.

NFL PLAY 60 is the NFL movement for an active generation and is aimed at getting children active for at least 60 minutes a day.

For the fourth consecutive year, the Vikings Athletic Training staff will participate in support of the Ed Block Courage Award Foundation. Cedric Griffin was honored as the Vikings 2010 Ed Block Courage Award winner after returning from two knee surgeries. St. Joseph’s Home for Children is recognized by the NFL’s Ed Block Courage Award Foundation as serving as a “Courage House” for the Minnesota Vikings. The Ed Block Courage Award Foundation is dedicated to heightening awareness of the plight of abused and neglected children. St. Joe’s provides shelter and intake services for Hennepin County children removed from their homes due to abuse or instability.

Since 1998, the Vikings have partnered with Catholic Charities-St. Joseph’s Home for Children on numerous community events. The Catholic Charities program annually assists more than 2,000 children.

St. Joseph’s Home for Children is located at **1121 East 46th Street in Minneapolis**. The clinic will take place inside the gymnasium. **Please enter the building through the gymnasium doors.**

PLEASE NOTE: Catholic Charities staff have arranged for photography and interviews with some children at St. Joe’s. Children who have signed releases that allow them to be interviewed and/or have their photos taken will wear identifying nametags and will move through the stations as a group. Because federal and state laws protect the privacy of all clients at Catholic Charities, only those children with signed releases will be allowed to be photographed. Catholic Charities communications staff will be on-site to answer questions. Thank you for your cooperation.